

## Mixed Media - Decorated Journal Covers

by Frankie Fioretti



### Materials

- [Excel Mat Board](#) - Dove Grey - 2 - 5" x 7"
- [Gildenglitz - Variegated](#)
- [Duo Embellishing Adhesive](#)
- [WireWorks](#)
- [Jewelz - Mica Pigments](#)
- [Perfect Paper Adhesive \(PPA\)](#)
- [Great Tape](#)
- [Art Paper - Foreign Exchange](#)
- [Texture Sponge](#)
- Air Dry or Polymer Clay
- Rattan
- Book Cloth Tape
- [Folia Cardstock - various colors](#)
- [101 Artist's Cement](#)
- [Mica Tile](#)
- [Mica Flakes](#)
- Skeleton Leaves
- Beads
- Small black rubber bands
- Hole Punch
- Japanese Stamp - Hero Arts

### Directions

1. Cut a 1" strip from one piece of the 5 x 7 Excel Mat Board
2. Lay the two pieces of [Excel Mat Board](#) - Dove Grey next to each, leaving a 1/8" gap.
3. Cut a strip of book cloth 1" wide.
4. Use [Great Tape](#) to adhere the book cloth to the 1" piece (spine) and the larger cut piece. Maintain the gap, because it will become the hinge.
5. One half inch down from the top, and one half inch up from the bottom punch two small holes 1/2" apart. Cut 6 pieces of paper for the inside pages. Punch holes into the paper that line up with the 4 punched spine holes.
6. Use two small rubber bands to attach the rattan, spine cover, and inside pages of the book together.
7. Cut two pieces of [Art Paper - Foreign Exchange](#) for the insides of the cover. Attach with [Great Tape](#)
8. Cut small pieces of [Excel Mat Board](#) - Dove Grey and using stencils, stamps and tools, create patterns and textures. Sprinkle on [Mica Flakes](#), [Gildenglitz](#) and [Mica D'Lights](#) to embellish each piece.
9. Layer the gold, black, and gilded squares together with [Great Tape](#). Attach the clay image with [Perfect Paper Adhesive \(PPA\)](#)
10. Attach beads and some wire together for a handle.